

Spending public money to promote healthy lifestyle that leads to an improved quality of life is better than spending it on treatment of people who are already ill. To what extent do you agree or disagree with the statement?

How to spend public financial resources on healthcare has always been at the center of a global debate for several years, and some people claim that preventive medicine this approach brings many advantages while just like every other aspect of life there are some people who are completely against this approach. They argue that we should be focusing on present health problems as well. (In this essay I am trying to deal with this controversial arguments along with expanding my personal viewpoints.)

First of all, I think by spending public budgets on to teaching people the basics of healthy diets can reduce the risk of some major life threatening illnesses like heart attacks or hypertension. For example based on a very recent paper published by the faculty of medicine of Tehran University, over the past decades, due to an increase in people's awareness of knowledge amongst people especially the young generation, the rate of red meat consumption consuming red meat has decreased, hence and because of that a significant drop in the number of people suffering from who suffer of high cholesterol levels. has decreased dramatically.

Another reason that makes me support this idea is that new researches have revealed that even congenital defects are preventable by advanced methods in genetic engineering. Nowadays we can not only can predict the gender of the baby but also we can cure some major genetic defects such as Down's syndrome or autism before birth.

To make a long story short, I must say that on one hand I personally believe that allocating public funds to prevent ion of illnesses is a wise way to boost a society from a health perspective/point of view, and on the other hand I think we do not have to forget about the already unwell people. People who lost their health by an accident or an unavoidable diseases s have to be supported by societies and governments.